



**HOLYOKE PUBLIC SCHOOLS  
BLESSED SACRAMENT LUNCH MENU  
JUNE 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>6/1</b> Chicken Caesar Salad W/Roll  <b>Teriyaki Chicken Fried Rice</b>  Tuna Salad Sandwich  Fresh Roasted Vegetable Red Pepper Strips w/ dip Chilled/Fresh Fruit	<b>6/2</b> Chicken Caesar Salad W/Roll  <b>Big Daddy's Pizza</b>  Ham & Cheese Sandwich  Carrot Fries Broccoli Trees W/Dip Chilled/Fresh Fruit
<b>6/5</b> Cobb Salad w/ Roll  <b>Sweet &amp; Sour Meatballs Seasoned Rice Roasted Broccoli</b>  Ham & Cheese Sandwich Baby Carrots W/Dip  Chilled/Fresh Fruit	<b>6/6</b> Cobb Salad w/ Roll  <b>Cheeseburger on Whole Grain Bun</b> Potato Wedges  Egg Salad Sandwich Broccoli Trees W/ Dip  Chilled/Fresh Fruit	<b>6/7</b> Cobb Salad w/ Roll  <b>Fish Sticks W/ Tartar Sauce Yellow Rice</b> Roasted Zucchini  Ham & Cheese Sandwich Baby Carrots W/Dip  Chilled/Fresh Fruit	<b>6/8</b>  <b>Field Day BBQ!</b>  Cheeseburger or Hot Dog <b>Potato Chips</b> <b>Fresh Watermelon Slice</b> <b>Baby Carrots W/Dip</b> <b>Fruit Juice</b> <b>Frozen Dessert</b> <b>Milk</b>	<b>6/9</b> Cobb Salad w/ Roll  <b>French Bread Pizza Garden Salad</b>  Ham & Cheese Sandwich Red Pepper Strips  Chilled/Fresh Fruit
<b>6/12</b> Peppi Pizza Salad W/ Roll  <b>Chicken Quesadilla Arroz Gandules</b> Carrot Fries  Buffalo Chicken Wrap Baby Carrots W/ Dip  Chilled/Fresh Fruit	<b>6/13</b> Peppi Pizza Salad W/ Roll <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> <b>Sausage Patty</b> Hash Brown  Turkey BLT Wrap Cucumber Wheels W/Dip  Chilled/Fresh Fruit	<b>6/14</b> Peppi Pizza Salad W/Roll  <b>Orange Chicken Fried Rice</b> Roasted Broccoli  Buffalo Chicken Wrap Baby Carrots w/dip  Chilled/Fresh Fruit	<b>6/15</b> Peppi Pizza Salad W/Roll  <b>Turkey Nachos Yellow Rice</b> Steamed Corn  Turkey BLT Wrap Red Pepper Strips W/ Dip  Chilled/Fresh Fruit	<b>6/16</b> Peppi Pizza Salad W/Roll  <b>Personal Cheese Pizza</b> Caesar Salad  Ham & Cheese Wrap Broccoli Trees W/Dip  Chilled/Fresh Fruit
<b>6/19</b> Chicken BLT Salad W/Roll  <b>Rib A Que on Whole Grain Bun</b> Potato Wedges  Tuna Salad Sandwich Baby Carrots W/ Dip  Chilled/Fresh Fruit	<b>6/20</b> Chicken BLT Salad W/Roll  <b>Pasta W/ Meatballs Garlic Bread</b> Sautéed Spinach  Turkey & Cheese Sandwich Cucumber Wheels W/ Dip  Chilled/Fresh Fruit	<b>6/21</b>  <b>Last Day of School</b>  <b>No Lunch Served</b>	<b>6/22</b>  <b>Have a Safe Summer See You in the Parks Starting July 5<sup>th</sup>!!!</b>	<b>6/23</b>  <b>Free Lunch in the Park is Weather Permitting.</b>  <b>Parks will not serve lunch when it is raining.</b>
		<b>Come Visit US!!! At the following Parks for FREE LUNCH</b>  <b>Heritage Park Veterans Park Springdale Park Community Field Carlos Vega Park Chestnut Street Park</b>		

Before placing your order please inform your server if any person in your party has a food allergy.

**Sun Butter or Cheese Sandwiches Available Daily**

All Meals Served with Low-Fat White & Fat-Free Flavored Milk.

Sun Butter is sunflower seed butter. It is Peanut & Tree Nut Free.

Our foodservice facility prepares and serves some products which may contain ingredients identified as food allergens.

For more information on food allergies, go to [www.besmart-eatsmart-livesmart.com](http://www.besmart-eatsmart-livesmart.com)

**Menu Subject to Change**

**THE USDA & HOLYOKE PUBLIC SCHOOLS ARE BOTH EQUAL OPPORTUNITY PROVIDERS & EMPLOYERS**