

**BS-MD PRE-K
LUNCH MENU
JANUARY 2025**



Monday	Tuesday	Wednesday	Thursday	Friday
Week 4 1/6	1/7	1/8	1/9	1/10
Grilled Ham and Cheese Sandwich, Sweet Potato Fries, Fresh Orange Turkey and Cheese Sandwich, Sweet Potato Fries, Fresh Orange	Mozzarella Stuffed Breadsticks with Marinara Sauce, Roasted Broccoli, Chilled Peaches Turkey and Cheese Sub, Fresh Broccoli Florets, Chilled Peaches	Meatball Sub, Roasted Chickpeas, Fresh Pear Crispy Chicken Wrap, Celery Sticks, Fresh Pear	Cheeseburger, Steamed Corn, Chilled Strawberries Turkey and Cheese Sub, Baby Carrots, Chilled Strawberries	Cheese Pizza, Cucumber Coins, Chilled Applesauce Crispy Chicken Wrap, Cucumber Coins, Chilled Applesauce
Week 5: 1/13	1/14	1/15	1/16	1/17
Chicken and Cheese Melt, Roasted Tuscan Vegetables, Fresh Pear Pre-K Hummus Box, Baby Carrots, Fresh Pear	Mac & Cheese, Steamed Peas, Dinner Roll, Fresh Orange Ham and Cheese Sandwich, Steamed Peas, Fresh Orange	NO LUNCH BS Chicken Nuggets with Brown Rice, Black Beans, Chilled Peaches Turkey and Cheese Sandwich, Fresh Broccoli Florets, Chilled Peaches	Fish Sticks, Sweet Potato Fries, Ripstick, Fresh Apple Ham and Cheese Sandwich, Zucchini Coins, Fresh Apple	NO LUNCH MD Cheese Pizza, Parmesan Green Beans, Chilled Blueberries Turkey & Cheese Sandwich, Celery Sticks, Chilled Blueberries
Week 1: 1/20	1/21	1/22	1/23	1/24
NO SCHOOL	Chicken Bowl with Mashed Potatoes, Sweet Corn, Gravy and Biscuit, Fresh Orange Ham and Cheese Sub, Celery Sticks, Fresh Pear	Chicken Fajitas with salsa and sour cream, Spanish Rice, Seasoned Zucchini Chilled Peaches American Sub, Seasoned Zucchini, Chilled Peaches	Crispy Chicken Sandwich, Roasted Broccoli, Fresh Apple BBQ Chicken Sandwich, Green Beans, Fresh Apple	Cheese Pizza, Steamed Carrots Coins, Chilled Pears American Sub, Baby Carrots, Chilled Pears
Week 2: 1/27	1/28	1/29	1/30	1/31
Beef and Cheese Nachos with WG Brown Rice, Mexican Black Beans, Fresh Apple Italian Sub, Chilled Mixed Black Beans, Chilled Mixed Fruit	Meatball Sub, Roasted Broccoli, Fresh Orange Crispy Chicken Wrap, Steamed Carrots Coins, Fresh Orange	Chicken Nuggets, Dinner Roll, Crinkle Cut French Fries, Chilled Peaches Italian Sub Sandwich, Crinkle Cut French Fries, Chilled Peaches	Diced Chicken Tacos with WG Rice, Aztec Corn, Salsa, Sour Cream, Fresh Apple Crispy Chicken Wrap, Celery Sticks, Fresh Apple	Cheese Pizza, Steamed Carrots Coins, Chilled Pears Italian Sub, Baby Carrots, Chilled Pears
Week 3: 2/3	2/4	2/5	2/6	2/7
French Toast Sticks, Scrambled Eggs, Tater Tots, Chilled Applesauce Chicken Caesar Wrap, Broccoli Florets, Chilled Applesauce	Chicken Patty Sandwich, Roasted Broccoli, Fresh Pear Hummus Wrap, Fresh Broccoli Florets, Fresh Pear	Hamburger, Roasted Garbanzo Beans, Celery Sticks, Chilled Peaches Chicken Caesar Wrap, Garbanzo Beans, Celery Sticks, Chilled Peaches	Fish Sandwich, Baked French Fries, Fresh Apple Hummus Wrap, Baked French Fries, Fresh Apple	Cheese Pizza, Steamed Carrots Coins, Chilled Pears Chicken Caesar Wrap, Baby Carrots, Chilled Pears
Week 4: 2/10	2/11	2/12	2/13	2/14
Grilled Chicken Sandwich with Cheese and Bacon, Seasoned Carrot Coins, Fresh Apple Crispy Chicken Wrap, Baby Carrots, Fresh Apple	Mozzarella Stuffed Breadsticks with Marinara Sauce, Roasted Broccoli, Chilled Peaches Turkey and Cheese Sub, Fresh Broccoli Florets, Chilled Peaches	Meatball Sub, Roasted Chickpeas, Fresh Pear Crispy Chicken Wrap, Celery Sticks, Fresh Pear	Cheeseburger, Steamed Corn, Chilled Strawberries Turkey and Cheese Sub, Steamed Carrots Coins Chilled Strawberries	Cheese Pizza, Cucumber Coins, Chilled Applesauce Crispy Chicken Wrap, Cucumber Coins, Chilled Applesauce
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	
This Institution is an Equal Opportunity Provider				