BLESSED SACRAMENT/MATER DOLOROSA LUNCH MENU February/March 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
	2/24	2/25	2/26	2/27	2/28
W1	Cheeseburger, Roasted Broccoli and Carrots, Chilled Applesauce	Popcorn Chicken with Mashed Potatoes, Sweet Corn, Gravy and Biscuit, Diced Peaches	Chicken Fajitas with salsa and sour cream, Spanish Rice, Chickpeas, Diced Pears	Chicken Parmesan with Pasta, Roasted Broccoli, Garlic Knot, Fresh Banana	Cheese or Pepperoni Pizza, Steamed Peas, Fresh Apples
	BBQ Chicken Salad with Flatbread, Carrots, Chilled Applesauce	Cobb Salad with Flatbread, Chilled Corn, Diced Peaches	BBQ Chicken Salad with Flatbread, Chilled Chickpeas, Diced Pears	Cobb Salad with Flatbread, Broccoli Florets, Fresh Banana	BBQ Chicken Salad with Flatbread, Chilled Peas, Fresh Apples
	American Sub, Broccoli and Carrots, Chilled Applesauce	BBQ Chicken Sandwich, Chilled Corn, Diced Peaches	American Sub, Chilled Chickpeas, Diced Pears	BBQ Chicken Sandwich, Roasted Broccoli, Fresh Banana	American Sub, Chilled Peas Fresh Apples
	3/3	3/04	3/5	3/6	3/7
W2	Beef Nachos with Cheese Sauce, Mexican Black Beans, Chilled Applesauce	Meatball Sub, Steamed Broccoli, Diced Peaches	Fish Sticks, French Fries, Diced Pears	Chicken Tacos, Shredded Cheese, Sour Cream, Salsa, Fresh Banana	Cheese, Baby Carrots, Fresh Apples
	Buffalo Chicken Salad with Flatbread, Chilled Mexican Black Beans, Chilled Applesauce	Chef Salad with Flatbread, Broccoli Florets, Baby Carrots, Diced Peaches	Garden Salad with Flatbread, Cucumber Coins, Diced Pears	Chef Salad with Flatbread, Broccoli Florets, Fresh Banana	Garden Salad with Flatbread , Baby Carrots, Fresh Apples
	Italian Sub, Chilled Mixed Black Beans, Chilled Applesauce	Buffalo Chicken Wrap, Broccoli Florets, Baby Carrots, Diced Peaches	Hummus Wrap, French Fries, Diced Pears	Buffalo Chicken Wrap, Broccoli Florets, Fresh Banana	Hummus Wrap , Baby Carrots, Fresh Apples
	3/10	3/11	3/12	3/13	3/14
W3	French Toast Sticks, Turkey Sausage Patty, Tater Tots Chilled Applesauce	Spicy Chicken Sandwich, Peppers and onions, Diced Peaches	Corn Dog, Roasted Garbanzo Beans, Diced Pears	Fish Sandwich, Sweet potato fries, Fresh Banana	No School for Blessed Sacrament or Mater Dolorosa
	Crispy Chicken Salad with Flatbread, Broccoli Florets, Chilled Applesauce	Chef Salad with Flatbread, Broccoli Florets, Diced Peaches	Crispy Chicken Salad with Flatbread, Garbanzo Beans, Diced Pears	Chef Salad with Flatbread, Baby carrots, Fresh Banana	
	Chicken Caesar Wrap, Broccoli Florets, Chilled Applesauce	Hummus Wrap, Broccoli Florets Diced Peaches	Chicken Caesar Wrap, Garbanzo Beans, Diced Pears	Hummus Wrap, baby carrots, Fresh Banana	
	3/17	3/18	3/19	3/20	3/21
W4	Grilled Chicken with Cheese and Bacon Sandwich, Roasted Carrots, Chilled Applesauce	Mozzarella Stuffed Breadsticks, Marinara Sauce, Roasted Broccoli, Diced Peaches	Meatball Sub, Roasted Garbanzo Beans, Diced Pears	Cheeseburger, Steamed Corn, Fresh Banana	Cheese , Cucumber coins, Fresh Apples
	Chicken Cesar Salad with Flatbread, baby carrots, Chilled Applesauce	Cobb Salad with Flatbread, Broccoli Florets, Diced Peaches	Chicken Caesar Salad with Flatbread, Roasted Garbanzo Beans, Diced Pears	Cobb Salad Salad with Flatbread, Chilled Corn, Fresh Banana	Garden Salad with Flatbread , cucumber coins, , Fresh Apples Hummus Wrap, , cucumber
	EZ Breakfast Box, baby carots, Chilled Applesauce	Turkey and Cheese Sub, Broccoli Florets, Diced Peaches	Crispy Chicken Wrap, Roasted Garbanzo Beans, Diced Pears	Turkey and Cheese Sub, Chilled Corn, Fresh Banana	coins, Fresh Apples
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W5	Buffalo Chicken Melt, roasted broccoli, Chilled Applesauce	Mac & Cheese, Steamed Peas, Dinner Roll. Diced Peaches	Corn Dog, roasted black beans Diced Pears	Fish Sandwich, Seasoned Zucchini, Sweet Potato Fries, Fresh Banana	Cheese , cucumber coins, Fresh Apples				
	Fiesta Salad with Flatbread, broccoli florets, Chilled Applesauce	Crispy Chicken Salad with Flatbread, chilled peas Diced Peaches	Fiesta Salad with Flatbread , chilled Black Beans, Diced Pears	Crispy Chicken Salad with Flatbread, baby carrots, Fresh Banana	Garden Salad with Flatbread , cucumber coins Fresh Apples				
	EZ Hummus Box, broccoli florets , Chilled Applesauce	Ham and Cheese Sandwich, chilled peas, Diced Peaches	EZ Hummus Box, chilled Black Beans, Diced Pears	Ham and Cheese Sandwich, baby carrots, Fresh Banana	EZ Hummus Box, cucumber coins, Fresh Apples				
	1% AND FAT FREE MILK OFFERED DAILY								
	SUNBUTTER AND JELLY SANDWICH OFFERED DAILY								
	PLEASE INFORM	YOUR SERVER OF ANY FO	Menu items are subject to change						
	This Instit	ution is an Equal Opportunity							